



Striving to Do More & Inspiring Stories.

Hi <<First Name>>,

The first quarter of the year has been a busy time as **we strive to do more** and better work for those in need. In this edition of our newsletter there is **an inspiring story** about one of our participants – 16 year old Elyse – and her family. You'll read about how we're **helping her in a quest to build life-long friendships**.

We introduce **our new office space** and there's a **tour through one of our Supported Independent Living Houses**. We'll also talk about how we're developing our team and the latest on how they are **working with various government bodies to support people with disabilities**.

Women and girls with disabilities are a group especially in need and we have a wonderful International Women's Day blog to share with you and news of a documentary called Geeta about **a mother's heartfelt attempt to change her daughter's destiny**. And while we're on blogs, we have an important one on **Cancer and NDIS** – what help can you get and where to get it?



**What's Happening
At Sunrise2Sunrise?**



We Sponsored a Documentary.

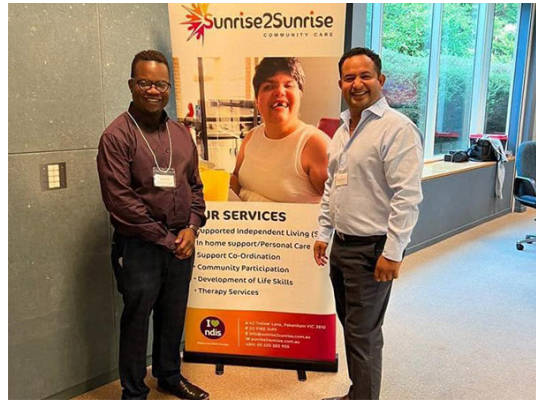
A powerful and important documentary was released in March this year, and Sunrise2Sunrise was privileged to be one of the sponsors. Geeta tells the **remarkable story** of Geeta Mahor and her daughters, who were **victims of an acid attack**. It highlights the gender-based violence women are faced with every day, and the **power of love and everyday heroism**. If you have the opportunity, I highly recommend watching it. <https://www.geetafilm.com/> Check out our **International Woman's Day blog** article below where we cover more issues about women and girls.



New Custom-Built Special Disability House.

We've teamed up with an SDA provider to **build more appropriate housing for those who need it**. We have two SDA houses located in Officer which will accommodate five participants which we expect to be completed in July. As with all SDA housing, considerable planning has to go into site selection and the environment both inside and outside the building. **More houses will follow** the one in Officer as this important endeavour gains momentum. [Learn more](#) about what goes into the design and building of a SDA.





Leadership Workshop.

We've always believed that **the best organisations strive to improve every day**. To this end, **we organised a leadership workshop** for our House Managers, Team Leaders and all of our management team in the beautiful Dandenong Ranges. We had **two brilliant guest speakers**: Katinda Ndola focused on personal development, self-awareness and leadership, while Nicole Davidson shared valuable insights into conflict resolution. It was a thoroughly enjoyable day, and it's **safe to say we all walked away from it as more capable leaders**.



Cities of Casey & Cardinia Are Closing Down & We Are Helping Those Clients Transition.

We have also been working with the Cities of Casey and Cardinia, who have closed down their community programs. We're currently **helping the former participants of these programs transition to new services**. See the [announcement](#) from the City of Casey about their transitioning out of aged and disability services.

New Office.

Our door has always been open to you but now we have two doors. We've added new office space by

taking over the building next door at 41 Treloar Lane in addition to our existing office at 43 Treloar Lane.



Working With Employment Agencies.

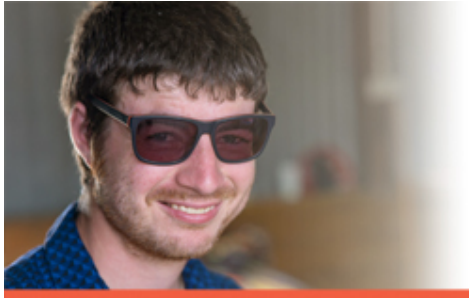
The first quarter of the year has also seen Sunrise2Sunrise continue its important work with **several employment agencies**, including APM and Outlook, as we assist our clients in **finding suitable and rewarding jobs**. Work is the best way of getting involved in a community and gives us a **wonderful sense of participation and acceptance**.

Launch Into Work.

In the last newsletter we spoke about the Launch into Work program we had been working to deliver with DHHS. This program aims to **prepare job seekers for a role as a Disability Support Worker**. As part of this initiative, we recently held a five day, Launch into Work program in partnership with 3ia. It was a great opportunity for the participants and, pleasingly, **several**



of them have joined us at
Sunrise2Sunrise in various roles.



**Read The Latest
Sunrise2Sunrise Blog**



Despite Barriers, Elyse Wants to Grow Up Like All Other Girls

Richard wants one thing for his daughter Elyse, and that's for her to **make some lifelong friends**. At 16, Elyse is at that stage in life when our **friends and social outings make up the centre of our world**. However, with learning difficulties and mild autism, **Elyse has found it difficult to manage her emotions and even strike up conversations** with her peers.

Read the **inspiring story of Elyse, her quest to forge some lifelong friendships**, and how by settling into a Sunrise2Sunrise SIL house Elyse has found the structure and support she needs. A great article with some wonderful insights from Elyse's parents.

[Read More](#)

Services At Sunrise2Sunrise



SIL - Supported Independent Living

In this week's blog about Elyse, her parents say that **thanks to the calm approach of her carers**, she's **"come a long way"** and they have **"peace of mind knowing that she's in a secure house and in a secure environment"** since joining Sunrise2Sunrise in early 2020 for Supported Independent Living (SIL).

In this video, **Tracy takes you on a tour of one of our SIL houses.**

People At Sunrise2Sunrise



Employee of the Month

Thank You for All Your Hard Work and Dedication



Alecia

Employee of the Month for January



Nicole

Employee of the Month for February



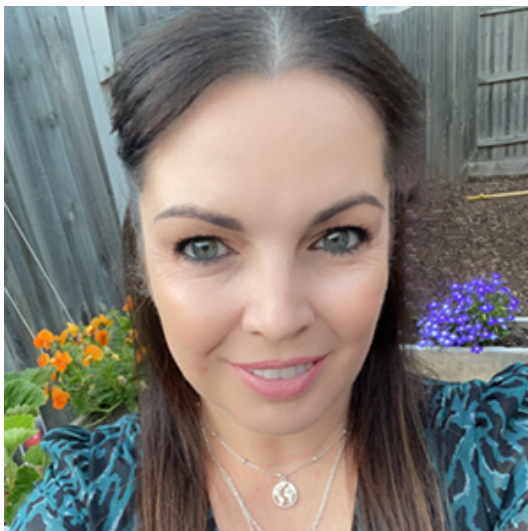
Matthew

Employee of the Month for March

New Faces

Meet the Latest Editions to Our Team

We are always so excited to see some new faces around the office. Please welcome the three latest members of the Sunrise2Sunrise team!



Jamie

Administration & Rostering Officer

Jamie has worked in aged care and disability for over 20 years, over many different roles. She has a passion for helping people.

Jamie grew up in country South Australia. She loves sports and keeping fit, spending time with her three kids, friends and family and she loves music.

Helen

Administration & Rostering Officer

Helen is really looking forward to the learning experiences she will experience in this role. Helen is currently studying psychology and counselling part-time. In her free time, she enjoys spending time with her family, going to the beach and meditating. Helen is all about positive energy and mindset.



Monica **People & Culture Officer**

Monica is a recent University Graduate new to the sector with a passion for health promotion and advocacy. She is driven by her desire to help people be their best authentic selves and reach their fullest potential.

Monica looks forward to facilitating that process through her new position as a People and Culture Officer at Sunrise2Sunrise.

Outside of work she enjoys reading, spending time with friends and family and learning new skills.



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Sunrise2Sunrise Blogs



Reflections on My Experience With the Traineeship Thus Far.

When my position was made redundant, I decided to fill my time by volunteering at a local community cafe. **I fell in love with welcoming disabled participants and encouraging the development of their social skills.** I looked for opportunities to move across industries, but to no avail during pandemic times. I received an urgent call from my case worker at Job Prospects – **to tell me about this opportunity at Sunrise2Sunrise. I jumped at the chance. I was determined to not let this opportunity pass by. I'm so glad I didn't.**

[Read More](#)



The Unique Struggles of Women & Girls with Disabilities

Earlier we told you about our sponsorship of Geeta. Sunrise2Sunrise are **committed to raising awareness against bias** and helping forge a world where difference is celebrated. In this blog we proudly **celebrate International Women's Day** by shedding light on the **unique struggles faced by women and girls with disabilities**.

[Read More](#)



Cancer & the NDIS

A diagnosis of cancer can feel like the end of the world, no matter whether you're the patient, their family, or a close friend. Then, the questions flood in: What help can I get? Where can I get help? **The NDIS support system is well-established, but it can be complex.** Sunrise2Sunrise can answer your questions about cancer and the NDIS and **assist you in getting the help you need.** Start with this article which **covers the facts, application processes and services available** through Sunrise2Sunrise.

Read More



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